

Wash your hands !

niveau 1

So wet those hands, and apply some soap,
It's time for my big song!

Rub the palms, one-two,
Rub the knuckles, one-two,
Rub the inside of your fingers,
And the back of them too,

Rub the thumbs, one-two,
And the nails, one-two,
Now time to rinse,
Happy clean hands for you



niveau 2

We washy washy clean, scrub scrub !
It's fun to wash your hands
And I know you understand
So we washy washy clean, scrub scrub !

We start with washing palm to palm,
Between each finger let us rub,
Now the back of the hands, it's such a simple plan,
We washy washy clean, scrub scrub !

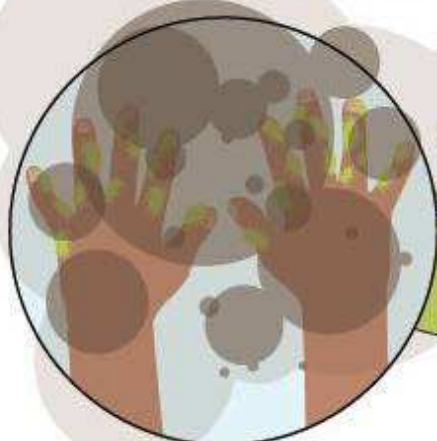
Clean the base of the thumbs one by one,
Then the back of the fingers this is fun !
Don't forget you fingernails, it's about details,
We washy washy clean, scrub scrub !

Now move on to the wrists, let us rub,
I think we're nearly done, so now what,
Just rinse the soap away,
dry our hands and we're OK,
We washy washy clean, scrub scrub !

So we washy washy clean, scrub scrub !
We washy washy clean, scrub scrub !
It's fun to wash your hands,
And I know you'll understand,
We washy washy clean, scrub scrub !



Wash Your Hands!



Dirty!



Wet



Get Soap



Scrub



Rinse



Dry



Clean!

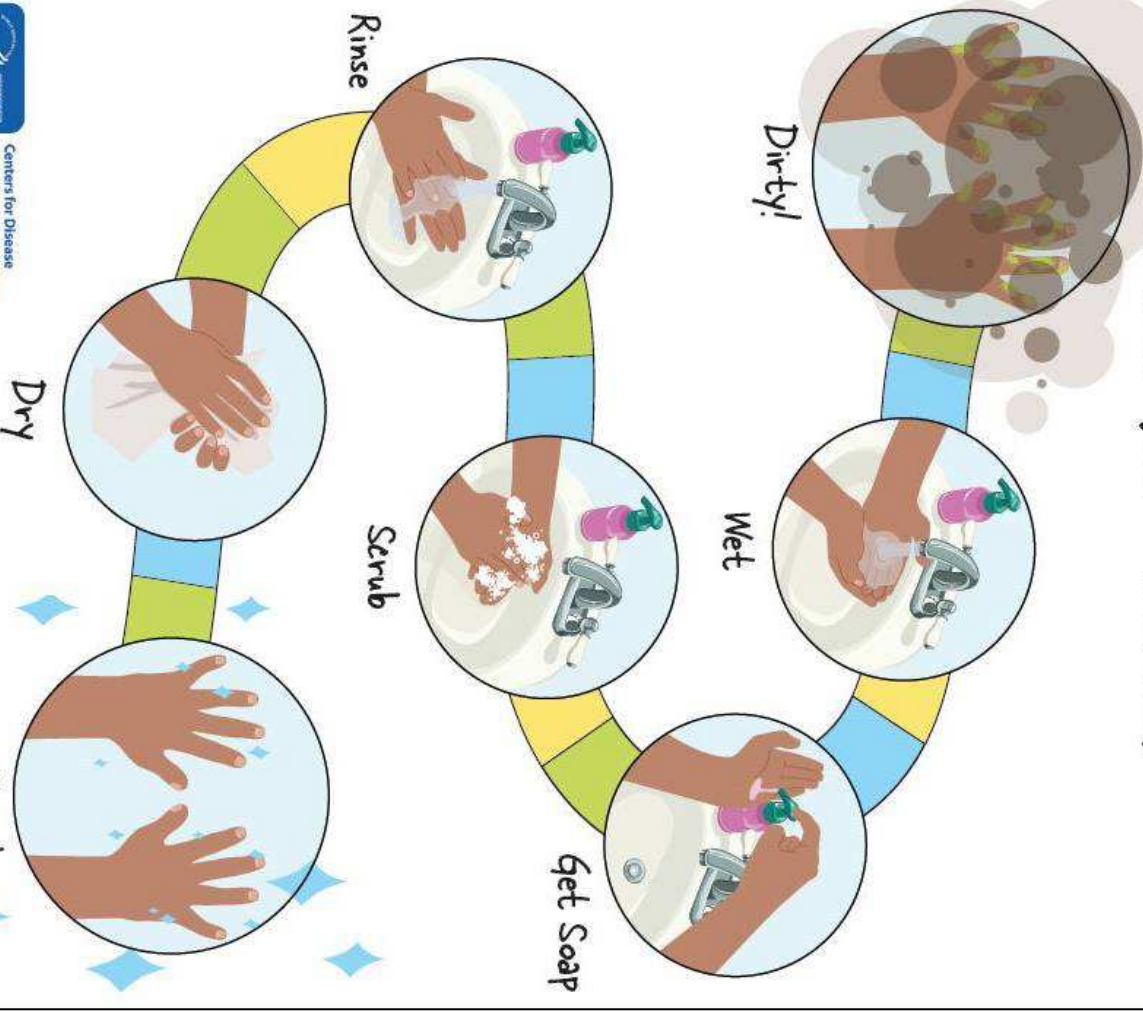


Centers for Disease
Control and Prevention
National Center for Emerging
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www.cdc.gov/handwashing

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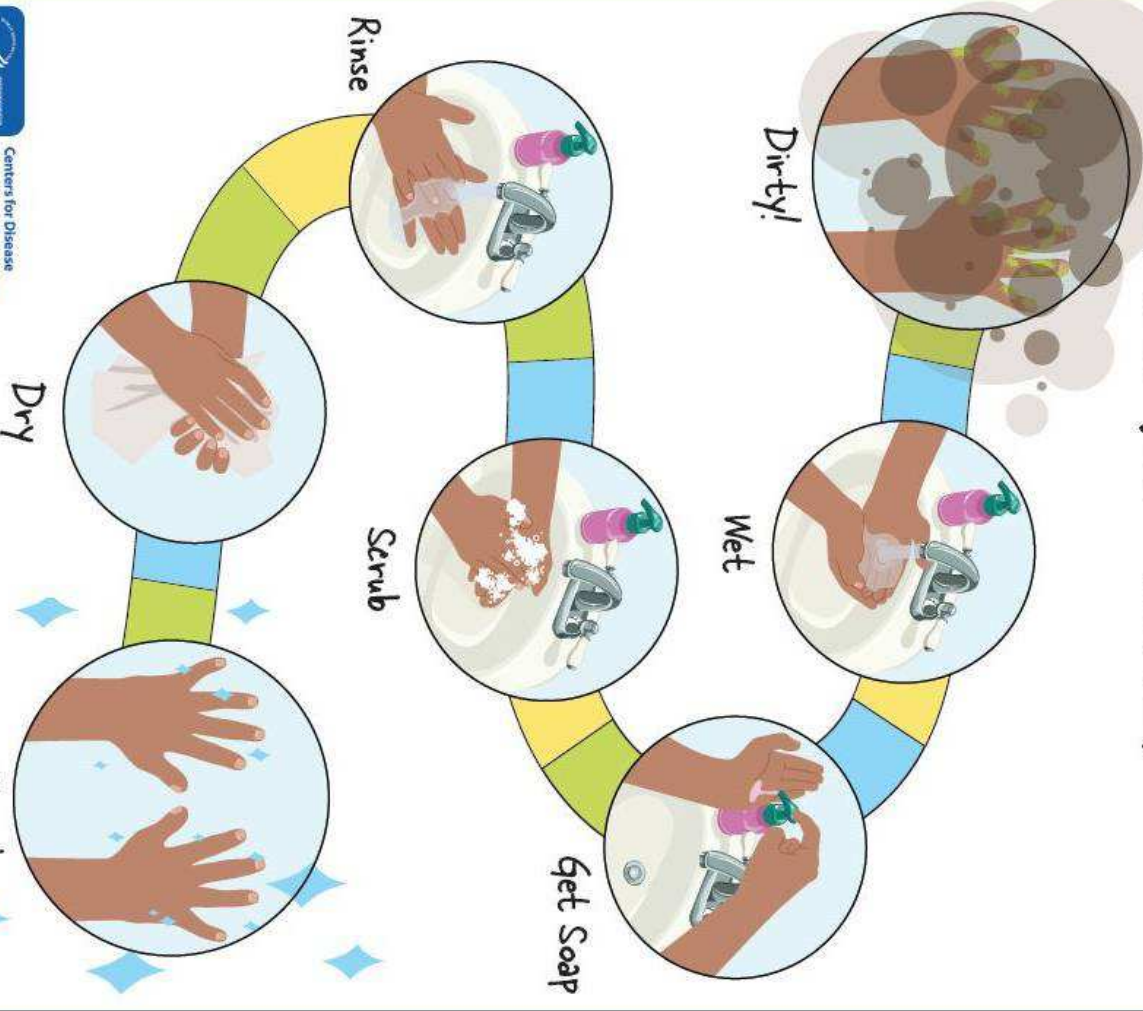
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